

NEWSLETTER

April 2024 🕑







Autism Acceptance Month Occupational Therapy Month Camp PAL OT Month Giveaway **Summer Scheduling** New: Summer Handwriting Groups **Local Activities**



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APRIL IS AUTISM ACCEPTANCE MONTH

Autism looks different for everyone, and each person with autism has a distinct set of strengths and challenges. Some autistic people can speak, while others are nonverbal or minimally verbal and communicate in other ways. Some have intellectual disabilities, while some do not. Some require significant support in their daily lives, while others need less support and, in some cases, live entirely independently.



How to Support Autism Awareness and Acceptance



- 1. **Educate Yourself.** Do your part to understand more about what autism is (and isn't) and how you can interact more effectively with individuals with autism.
- 2. **Attend Local Events**. Get actively involved in <u>supporting autism</u> <u>awareness</u> and activities in your area.
- 3. Be an Advocate. Stand up for children and adults with autism.
- 4. **Speak Up.** Write or call your state representatives, local legislators, or other leaders regarding proposed legislation that affects those with autism.
- 5. **Be a Positive Role Model.** Pay attention to your own actions and words when it comes to autism.

Autism awareness starts with you and your actions. When everyone works together, we can break down stigmas and increase acceptance.



In celebration of Occupational Therapy Month, we are delighted to shine a spotlight on the incredible individuals who form the backbone of our occupational therapy team. Their unwavering dedication, expertise, and compassion empower individuals to reclaim their independence and thrive in their daily lives.

 Our therapists bring a wealth of knowledge and experience
 to every session. Their commitment to personalized care and innovative approaches ensures that each individual receives the tailored support they need to achieve their goals.



For more information about our occupational therapy services or to schedule an appointment, please visit our website. and fill out our Intake Form.

www.creativespeechsolutions.com



SESSION 2: FICTION AND FAIRYTALES

July 16th - July 25th

SESSION 3: IMAGINATION STATION

July 30th - Aug 8th

DAYS: Tuesday - Thursday

TIME: 1:30PM - 4:30PM

LOCATION: Southern Blvd Elementary School,

Chatham, NJ

Registration Link



GIVEAWAY OTMONTH GIVEAWAY Visit our social media accounts to participate in our giveaway.

GIVEAWAY GIVEAWAY



Summer Scheduling



Summer is the perfect time to add extra sessions and catch up on your child's therapy goals. Extra summer sessions help children make therapeutic gains while school is out to be ready for school in September!

We strive to do our very best to schedule every child with the appropriate therapist on a convenient day/time.

Please fill out our form as soon as possible to allow us time to meet your therapeutic needs.

We greatly appreciate your anticipated flexibility and understanding.



Coming Soon...

Summer Handwriting Groups

Summer can be the perfect time of the year for children to improve their handwriting skills before the next school year begins.

Our OTs are highly trained in assessing the underlying reasons behind poor writing. Handwriting groups provide effective treatment through small group therapy.

Keep an eye out for more updates!

Fill out our Intake Form to indicate your interest in our new Handwriting Groups. Link



LOCAL ACTIVITIES

Dinosaur World Live!

Dare to experience the dangers and delights of Dinosaur World Live in this roarsome interactive show for all the family! Discover a pre-historic world of astonishing (and remarkably life-like) dinosaurs, from a triceratops to a T-Rex!

SAT APR 27, 2024 @ 1:00 PM & 5:00 PM



Bluey's Big Play

Join the Heelers in their first live theatre show made just for you. Featuring brilliantly created puppets, this is Bluey as you've never seen it before, brought to real life!

FRI APR 12, 2024 @ 6:00 PM

SAT APR 13, 2024 @ 11:00 AM & 2:00 PM & 5:00 PM

SUN APR 14, 2024 @ 11:00 AM & 2:00 PM & 5:00 PM



Montclair Art Museum

Montclair Art Museum has been collecting, preserving, and showing Native American and American artwork since 1914. MAM stewards more than 12,000 works, including painting, works on paper, ceramics, basketry, sculpture, beadwork, and more.



Turtle Back Zoo

Turtle Back Zoo is a facility of the Essex County Parks Department. The zoo is funded by the County of Essex as a service to the residents of the County and the surrounding areas. The Zoological Society of NJ, Inc. is the fundraising branch of Turtle Back Zoo. The Society is a not-for-profit organization that helps to raise funds for improvements to Turtle Back Zoo.

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