



# CREATIVE SPEECH SOLUTIONS, LLC

*Pediatric Therapy Center*

## FEEDING QUESTIONNAIRE

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Informant \_\_\_\_\_ Relationship to child \_\_\_\_\_

Date \_\_\_\_\_

### FEEDING HISTORY/BEHAVIORS:

Do you feel your child has feeding issues? How serious do you feel they are? \_\_\_\_\_

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How would you describe your child's challenges surrounding eating, chewing, etc? \_\_\_\_\_

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When did you first notice that your child had a feeding problem? What were the initial symptoms? \_\_\_\_\_

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What are ways in which you have tried to help your child with his/her feeding issues? \_\_\_\_\_

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Does your child have a history of constipation, diarrhea, gas, or reflux? If yes, please explain. \_\_\_\_\_

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Has your child has any recent weight gain or loss in the last 6 months? If yes, please explain. \_\_\_\_\_

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Is your child taking any vitamins/minerals, herbal or nutritional supplements? If yes, please list with dosage (mg/day).

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Is your child currently following a specific diet? (e.g., gluten free, casein free, low fat, ketogenic, soy free, etc.)? If yes, please explain.

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Is your child adverse to certain smells or textures? If yes, please explain. \_\_\_\_\_

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Will your child taste new foods? If not, what does he/she do when presented with a new food? \_\_\_\_\_

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What is your child's reaction to foods he/she does not like? \_\_\_\_\_

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What help, if any, have you had in managing your child's problems with eating? \_\_\_\_\_

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Does there seem to be a behavioral problem associated with eating? If yes, how so? \_\_\_\_\_

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How do you handle undesirable behaviors that arise during mealtimes? \_\_\_\_\_

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Does your child finger-feed? If yes, what kinds of food? \_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

Is your child still taking the bottle or breast? If yes, how often? \_\_\_\_\_

\_\_\_\_\_

Does your child drink from an open cup/straw cup/sippy cup? If yes, how many times per day is the cup used and which type of cup is used most often? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does your child sit down for two – three meals or does he/she graze throughout the day? \_\_\_\_\_

\_\_\_\_\_

### **TIME REQUIRED TO COMPLETE A MEAL**

How long does it take for your child to complete a meal in total? \_\_\_\_\_

How long (approximately) is spent during mealtime:

Eating \_\_\_\_\_ Drinking \_\_\_\_\_ Playing with food/ fidgeting \_\_\_\_\_

Avoiding/protesting \_\_\_\_\_ Other (describe) \_\_\_\_\_

### **TYPES OF FOODS CONSUMED**

List foods that your child particularly likes. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List foods that your child particularly dislikes. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are there objections to hot or cold foods? If yes, describe. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does your child particularly like/dislike sour or spicy foods? If yes, describe. \_\_\_\_\_

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What kinds of foods are easiest for your child to eat? Give examples. \_\_\_\_\_

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What kinds of foods are hardest for your child to eat? Give examples. \_\_\_\_\_

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In what way are they easy or difficult? \_\_\_\_\_

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**3-DAY FOOD RECORD:** To the best of your ability, please record your child's food and beverage intake for 3 days. Please be as specific as possible and list portion sizes (e.g., 1/2 cup blueberry yogurt; 4 oz. apple juice). Please be sure to list all snacks and treats as well (e.g., 10 Skittles; 5 crackers).

**Day 1:**

Breakfast \_\_\_\_\_

\_\_\_\_\_

Lunch \_\_\_\_\_

\_\_\_\_\_

Dinner \_\_\_\_\_

\_\_\_\_\_

Snacks \_\_\_\_\_

\_\_\_\_\_

**Day 2:**

Breakfast \_\_\_\_\_

\_\_\_\_\_

Lunch \_\_\_\_\_

\_\_\_\_\_

Dinner \_\_\_\_\_

\_\_\_\_\_

Snacks \_\_\_\_\_

\_\_\_\_\_

**Day 3:**

Breakfast \_\_\_\_\_

\_\_\_\_\_

Lunch \_\_\_\_\_

\_\_\_\_\_

Dinner \_\_\_\_\_

\_\_\_\_\_

Snacks \_\_\_\_\_

\_\_\_\_\_